

## Hebrews 3 and Alma 12

### Hebrews 3:

8. **Harden not your hearts**, as **in the provocation, in the day of temptation in the wilderness**:
9. When your fathers tempted me, proved me, and saw my works forty years.
10. Wherefore I was grieved with that generation, and said, They do alway err in their heart; and they have not known my ways.
11. **So I swear in my wrath, They shall not enter into my rest.**)
12. Take heed, brethren, lest there be in any of you an evil heart of unbelief, in departing from the living God.
13. But exhort one another daily, while it is called To day; lest any of you be **hardened through the deceitfulness of sin**.

### Alma 12:

33. But God did call on men, in the name of his Son, (this being the plan of redemption which was laid) saying: If ye will repent, and **harden not your hearts**, then will I have mercy upon you, through mine Only Begotten Son;
34. Therefore, whosoever repenteth, and hardeneth not his heart, he shall have claim on mercy through mine Only Begotten Son, unto a remission of his sins; and **these shall enter into my rest**.
35. And whosoever will **harden his heart** and will do iniquity, behold, **I swear in my wrath that he shall not enter into my rest**.
36. And now, my brethren, behold I say unto you, that if ye will **harden your hearts** ye shall not enter into the rest of the Lord; therefore your iniquity provoketh him that he sendeth down his wrath upon you as **in the first provocation**, yea, according to his word in the **last provocation** as well as the first, to the everlasting destruction of your souls; therefore, according to his word, unto the last death, as well as the first.
37. And now, my brethren, seeing we know these things, and they are true, let us repent, and **harden not our hearts**, that we provoke not the Lord our God to pull down his wrath upon us in these his second commandments which he has given unto us; but let us enter into the rest of God, which is prepared according to his word.

### SIDENOTE:

Apart from references in Alma 12 and 13 there are only 2 other places in the Book of Mormon where the words “*enter into his rest*” are used. One of them is Jacob 1:7, which also bears striking resemblance to the words in Hebrews:

“Wherefore we labored diligently among our people, that we might persuade them to come unto Christ, and partake of the goodness of God, **that they might enter into his rest**, lest by any means he should **swear in his wrath they should not enter in**, **as in the provocation in the days of temptation while the children of Israel were in the wilderness.**”

## Hebrews 7 and Alma 13

### Hebrews 7:

1. For this Melchisedec, king of Salem, priest of the most high God, who met Abraham returning from the slaughter of the kings, and blessed him;
2. To whom also Abraham gave a tenth part of all; first being by interpretation King of righteousness, and after that also King of Salem, which is, King of peace;
3. Without father, without mother, without descent, having neither beginning of days, nor end of life; but made like unto the Son of God; abideth a priest continually.
4. Now consider how great this man was, unto whom even the patriarch Abraham gave the tenth of the spoils.

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15. And it is yet far more evident: for that after the similitude of Melchisedec there ariseth another priest,

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17. For he testifieth, Thou art a priest for ever after the order of Melchisedec.

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19. For the law made nothing perfect, but the bringing in of a better hope did; by the which we draw nigh unto God.

20. And inasmuch as not without an oath he was made priest:

21. (For those priests were made without an oath; but this with an oath by him that said unto him, The Lord sware and will not repent, Thou art a priest for ever after the order of Melchisedec:)

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24. But this man, because he continueth ever, hath an unchangeable priesthood.

25. Wherefore he is able also to save them to the uttermost that come unto God by him, seeing he ever liveth to make intercession for them.

26. For such a high priest became us, who is holy, harmless, undefiled, separate from sinners, and made higher than the heavens;

27. Who needeth not daily, as those high priests, to offer up sacrifice, first for his own sins, and then for the people's: for this he did once, when he offered up himself.

### Alma 13:

6. And thus being called by this holy calling, and ordained unto the high priesthood of the holy order of God, to teach his commandments unto the children of men, that they also might enter into his rest —

7. This high priesthood being after the order of his Son, which order was from the foundation of the world; or in other words, being without beginning of days or end of years, being prepared from eternity to all eternity, according to his foreknowledge of all things —

8. Now they were ordained after this manner—being called with a holy calling, and ordained with a holy ordinance, and taking upon them the high priesthood of the holy order, which calling, and ordinance, and [high priesthood, is without beginning or end](#)—  
9. Thus they become [high priests forever, after the order of the Son](#), the Only Begotten of the Father, [who is without beginning of days or end of years](#), who is full of grace, equity, and truth. And thus it is. Amen.

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13. And now, my brethren, I would that ye should humble yourselves before God, and bring forth fruit meet for repentance, [that ye may also enter into that rest](#).

14. Yea, humble yourselves even as the people in the days of Melchizedek, who was also a high priest after this same order which I have spoken, who also took upon him the [high priesthood forever](#).

15. And it was this same [Melchizedek to whom Abraham paid tithes; yea, even our father Abraham paid tithes of one-tenth part of all he possessed](#).

16. [Now these ordinances were given after this manner, that thereby the people might look forward on the Son of God, it being a type of his order, or it being his order, and this that they might look forward to him for a remission of their sins, that they might enter into the rest of the Lord](#).

17. Now this [Melchizedek was a king over the land of Salem](#); and his people had waxed strong in iniquity and abomination; yea, they had all gone astray; they were full of all manner of wickedness;

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19. Now, there were many before him, and also there were many afterwards, but [none were greater; therefore, of him they have more particularly made mention](#).

#### SIDENOTE:

Other themes in Alma 13 regarding both humans and Jesus being prepared according to the “foreknowledge of God” and being “prepared from the foundation of the world” (verses 3, 5, and 7) bear a lot of resemblance to New Testament verses such as Ephesians 1:4, 1 Peter 1:20, or Romans 8 and 9.

Further exploration of connections between Hebrews and Alma can be found [HERE](#)<sup>1</sup> and [HERE](#)<sup>2</sup>.

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<sup>1</sup> <http://signaturebookslibrary.org/book-of-mormon-2/>

<sup>2</sup> <http://signaturebookslibrary.org/new-approaches-to-the-book-of-mormon-3/>